

# GRAPEVINE-SOUTHLAKE SOCCER ASSOCIATION

## **U9-U10 Rules**

- Game format is 7v7
- Two, 25-minute halves.
- Offsides only after the build-out line.
- No heading.
- No punting or drop kicks.
- Slide tackling is allowed.
- Substitutions on goal kicks, throw-ins, goal scored or injury.
- Enter your scores through the online schedule after the game.
- Each player must play at least 50% of the game!

#### **Online Resources**

- GSSA Website
- Key Objectives for U9-U10
- Soccer Xpert Drills
- Soccer Drive Drills

### **Contact Info**

Jason Rasmussen
U9+ Age Group Commissioner

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- www.gssasoccer.org

Join the GSSA Coach TeamSnap Chat

## **Important Dates**

**Aug 8:** Rosters released to registered/cleared coaches

Aug 9: Coffee with the Commissioners

at The Grapevine REC 9 AM **Aug 11:** Fields open for U6+

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practices

Aug 16: GSSA schedules posted Aug 16/17: GSSA Weekend at Dick's Sporting Goods and Academy Sports and Outdoors

Sept 6: Opening Day Games

Sept 8: Monday Night Skills Begins